

## **BOB LAFAVOR**

Bob has competed in multiple competitive sports including short distance track, field, weightlifting and basketball. Basketball was where he excelled, being a top player, coach and administrator for teams up and down the west coast. At the helm of the Lane County Lowriders, his experience made them into a very competitive team in the 80's and early 90's, and in more recent years kept the Eugene Express basketball program going to develop new community players. He was known throughout the Eugene community as a mentor and role model. Anytime he saw a person of any age or either gender who had at least an appearance of a disability, he recruited them to play wheelchair basketball. He often gave them the necessary equipment, whether it was a wheelchair, wheels, or anything else imaginable. He did this to broaden that person's experience and to extend his message that sport is a metaphor for life--that lessons learned on the court or in the field of play apply to life. He was a positive role model in many ways -as a great teammate always doing what was best for the team; and more importantly always practicing what he preaches, living a healthy lifestyle and working hard. Bob continues to be active in the Eugene area where he lives with his wife Laurel.